



# The Health Enhancement Centers, P.A.

THE HEALTH ENHANCEMENT CENTERS

104 W. Redwood St., Ste 3 | Marshall, MN 56258  
P: 507-337-2457 | F: 507-532-2951 | W: www.hecmn.com

Jeny Bauer, DPT

Today's Date: \_\_\_/\_\_\_/\_\_\_

Male  Female Pregnant?  No  Yes, due date? \_\_\_/\_\_\_/\_\_\_ Social Security # \_\_\_ \_\_\_ \_\_\_/\_\_\_ \_\_\_/\_\_\_ \_\_\_ \_\_\_

Last Name \_\_\_\_\_ Legal First Name \_\_\_\_\_ DOB: \_\_\_/\_\_\_/\_\_\_

Preferred Name \_\_\_\_\_ Address: \_\_\_\_\_  
(Address) (City) (State) (Zip Code)

Home Phone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_ Cell phone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_ Work phone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_

Email address: \_\_\_\_\_

Marital Status: \_\_\_\_\_ Employment Status: \_\_\_\_\_

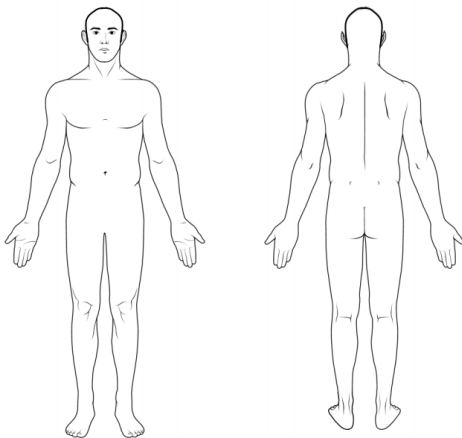
Emergency Contact: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_

Employer Name: \_\_\_\_\_

1. Describe your injury/problem and how/when it started. If you had surgery, what was the date of your surgery? \_\_\_\_\_

2. Please describe your pain (i.e. dull/sharp/achy, etc). \_\_\_\_\_

3. Using body diagram, please locate your pain. (Please mark diagram below with circles or x)



4. Pain scale: (please circle) No pain 1 2 3 4 5 6 7 8 9 10 Severe pain

5. What relieves your pain? \_\_\_\_\_

6. What increases your pain? \_\_\_\_\_

7. Have you had therapy before?  Yes  No.

If yes, did it help? \_\_\_\_\_

8. Have you seen another practitioner for this issue: (Check all that apply)

- Chiropractor
- Massage
- Podiatrist

- Neurologist
- Family Practitioner
- Orthopedist

- Gynecologist
- Orthotist
- Other\_\_\_\_\_

9. Have you had any kind of special testing: (Check all that apply)

- ultrasound
- x-ray

- MRI
- CT scan

- nerve conduction test
- other:\_\_\_\_\_

10. Do you have difficulties with any of the following? (Check all that apply)

- Sitting
- Standing
- Lifting
- Walking
- Bending
- Reaching

- Driving/Riding in a car
- Sleeping
- Getting up
- Household activities (dishes, vacuuming, dusting, etc...)

- Home Maintenance (fixing/repairing, mowing/shoveling, etc...)
- Dressing/Grooming
- Other\_\_\_\_\_

11. List previous surgeries/broken bones. \_\_\_\_\_

12. Please list your occupation/recreational activities and if they are limited. \_\_\_\_\_

13. Do you have/had any of the following: (Check all that apply)

- Cancer
- Rheumatoid arthritis
- Heart problems
- Previous stroke
- Blood pressure issues

- Pregnant
- Fibromyalgia
- Diabetes
- History of falls with injury

- Allergy to latex or medications (list) \_\_\_\_\_

14. Are you currently taking medications, prescription drugs, and pain killers? No Yes

(Please include regularly used over the counter medications)

Prescription Name	Dosage	Frequency	What is it for?

15. What are your goals for participating in physical therapy? (i.e. decrease pain, be able to reach into cupboards, etc.)

**Waiver:** I have been offered a copy of HEC's HIPAA HITEC consent, and the following person(s) have permission to any and all of my records (if applicable). \_\_\_\_\_

(signature) \_\_\_\_\_ (date) \_\_\_/\_\_\_/\_\_\_

**Waiver:** I consent to physical therapy treatment. I understand the risks are minimal. I authorize all billing and communication with my insurance.

(signature) \_\_\_\_\_ (date) \_\_\_/\_\_\_/\_\_\_

Office Use Only	HT:	WT:	lbs	BP:	/	O2:	Pulse:
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